

Types of Meetings and Symbols

AA	AA Meeting at same site at same time
AASP	AA Speaker
B	Beginners Meeting
C	Closed Meeting (<i>Limited to those whose lives have been affected by a problem drinker.</i>)
O	Open Meeting (<i>Open to anyone interested in Al-Anon/Alateen</i>)
OD	Open Discussion Meeting (meeting format)
S	Step Meeting (meeting format)
SH	Spanish Meeting
SP	Speaker Meeting (meeting format)
T	Tradition Meeting (meeting format)
WC	Wheelchair Accessible
**	Meeting open to newcomers and all Al-Anon members

AL-ANON

SUNDAY

8:30 am SOLUTIONS SEEKERS AFG
28210 Serenity House (Behind Pilgrim Cong. Church)
WC 6151-B Sharon Rd C

9:00 am NEW AWAKENINGS AFG
28211 Anuvia Prevention Center (Old CDC)
WC 100 Billingsley Rd O - AA

8:00 pm SUNDAY NIGHT DISCUSSION AFG
28207 Christ Episcopal Church
WC 1412 Providence Rd O - AA

MONDAY

8:30 am HOPE FOR TODAY AFG
28278 Zoar United Methodist Church
14701 Thomas Rd.

11:00 am TWELVE STEP STUDY AFG
28203 709 E. Blvd. & Springdale O, S

NOON FIRST THINGS FIRST AFG
28202 First Presbyterian Church
WC 200 West Trade St (Corner Trade & Church, Rm. P209) O, OD

NOON STONECREST AFG
28277 St. Matthew Catholic Church
WC 8015 Ballantyne Commons Pkwy., New Life Ctr., Rm.132 O

6:00 pm SUNSET AFG
28277 Providence Presbyterian Church
10140 Providence Church Ln.
Bldg. 4/Back Entrance O,OD

6:30 pm SERENITY AT THE LAKE AFG
28078 Solomon House
200 S. Main St. -Huntersville
SP 1st Monday, S, 3rd, OD: 2nd, 4th, 5th

8:00 pm MYERS PARK AFG
28207 Myers Park Presbyterian Church
WC 2501 Oxford Place C,OD - AA

8:00 pm BASICS AFG
28208 Mulberry Presbyterian Church
WC 5600 Tuckaseegee Rd
O, S -1st Monday, -AA

8:00 pm QUEEN CITY MONDAY NIGHT AFG
28211 Providence United Methodist Church
WC 2810 Providence Rd (Room 204)
C, OD, B, S - AA, Alateen

8:00 pm UNITY AL-ANON AFG
28226 St. John's Episcopal Church
WC 1623 Carmel Rd O, B, SP - AA

8:00 pm 12 STEPS AWAY AFG
28111 Friendship Home
2111 Stafford Street - Monroe S

TUESDAY

10:30 am TUESDAY MORNING AFG
28031 Cornelius Presbyterian Church Fellowship
21209 Catawba Ave. - Cornelius O

5:45 pm DAVIDSON MEN'S STEP STUDY **
28036 Davidson United Methodist Church
WC 233 S. Main Street, Rm 220 - Davidson C, S

6:00 pm LIVING PROMISES AFG
28203 709 E. Blvd. & Springdale
O, OD, B

6:30 pm FAIRVIEW AFG SOLUTIONS FOR SERENITY
28115 Fairview United Methodist Church/Ballard House
1464 Mecklenburg Hwy - Mooresville
O, OD, S - 1st Tuesday

7:45 pm MEN'S TUESDAY NIGHT AFG **
28273 Good Shepard United Methodist Church
WC 13110 Moss Rd & Highway 49, Room 320 C

8:00 pm AL-ANON ADULT CHILDREN OF ALCOHOLICS **
28211 Trinity Presbyterian Church,
3115 Providence Rd (Bldg b/w playgr & bball ct)
O, OD, B, S&T

8:00 pm STANLY UNITY AFG
28001 AA Fellowship Hall-The Hut
WC Rock Creek Pk - Albemarle
O, S, OD - AA

8:00 pm EPWORTH AFG
28025 Epworth Methodist Church
1030 Burrage Road, NE - Concord
C, B, -AA

8:00 pm INDIAN TRAIL AFG
28104 Spirit of Joy Lutheran Church
WC 8600 Potters Road - Weddington
C, B -AA

WEDNESDAY

9:30 am JUST FOR TODAY AFG
28277 St. Matthew Catholic Church
WC 8015 Ballantyne Commons Pkwy., New Life Ctr., Rm. 202 O,OD

NOON EASY DOES IT AFG
28203 Dilworth United Methodist Church
WC 605 E. Blvd. & Springdale C,OD

12:30 pm DAVIDSON BOOK STUDY AFG
28036 Davidson United Methodist Church
WC 233 S. Main Street, Rm. 220 - Davidson

6:00 pm SUNSET AFG
28277 Providence Presbyterian Church
10140 Providence Church Ln.
Bldg. 4/Back Entrance -O,B

6:00 pm UNIVERSITY CITY AFG
28269 University City United Methodist Church
WC 3835 West WT Harris Boulevard,
Rm 103, Worship Bldg, near lower pkg deck
C, OD

6:30 pm CANDLELIGHT AFG
28112 Central United Methodist Church C, OD
801 S. Hayne St. - MONROE

7:15 pm COURAGE TO CHANGE AFG
28210 Sharon Presbyterian Church
WC 5201 Sharon Road -enter basement from cemetery parking lot

7:30 pm PARENTS HELPING PARENTS AFG **
28203 Dilworth Center for Chemical Dependency
WC 2240 Park Rd., Gray house, back left/Bloom lot
O, OD, B

8:00 pm STANLY UNITY AFG
28001 AA Fellowship Hall-The Hut
WC Rock Creek Pk. - Albemarle O,OD-AA

8:00 pm HARRISBURG AFG
28075 Harrisburg United Methodist Church
4560 Highway 49 South - Harrisburg C,B-AA

8:00 pm MATTHEWS AFG
28105 Matthews United Methodist Church
801 South Trade Street, Room 224 - Matthews O, OD

8:00 pm LAKE NORMAN AFG
28117 Williamson's Chapel Methodist Church
WC 575 Brawley School Road - Mooresville C, OD

8:00 pm ALBEMARLE AFG
28001 309 S. Broome St. - Albemarle OD

THURSDAY

11:00 am THURSDAY MORNING AFG
28203 Dilworth United Methodist Church
WC 605 E. Blvd. & Springdale St. O,OD

12:00 pm NOON THURSDAY @ THE LAKE AFG
28078 Lake Norman Baptist Church
WC 7921 Sam Furr Rd. - Huntersville
N.ADMINISTRATION Bldg. # 235 O,OD

12:00 pm OPEN HEARTS AFG
28104 Trinity Fellowship
13232 Idlewild Rd. - Mint Hill O,S&T

6:00 pm SUNSET AFG
28277 Providence Presbyterian Church
10140 Providence Church Ln.
Bldg. 4/ Back Entrance O, OD

7:00pm RENDERING HOPE AFG
28112 Central United Methodist Church/church library
801 S. Hayne St. - Monroe O -AA

8:00 pm SHARING AFG
28277 St. Matthew Catholic Church (New Life Bldg)
WC 8015 Ballantyne Commons Pkwy (Rm. 204) OD, Alateen

8:00 pm PLEASANT PLAINS AFG
28105 Pleasant Plains Baptist Church
3316 Pleasant Plains Rd - Matthews C - AA

8:00 pm PROGRESS FOR TOMORROW AFG
28278 Zoar Road United Methodist Church
14701 Thomas Road O-AA, Alateen

8:00 pm HOPE AFG
28112 First Step Recovery Center
1623 East Sunset Dr - Monroe O-AA

8:00 pm ONE PURPOSE AFG
28226 Christ Lutheran Church
4519 Providence Rd., Forum B O, S, T

8:00pm Norwood Gratitude AFG
Cedar Grove Methodist Church
9029 Cottonville Rd., Norwood, N.C. (non-smoking)

FRIDAY

8:30 am ZOAR ROAD CLUB AFG
28278 14701 Thomas Rd

10:30 am KEEP IT SIMPLE AFG
28226 St. John's Episcopal Church
WC 1623 Carmel Road (3rd Floor, Rm. 315) C

NOON ONE DAY AT A TIME AFG
28203 Dilworth United Methodist Church
WC 605 E. Blvd. & Springdale C,OD

12:30 pm DAVIDSON PROMISES AFG
28036 Davidson United Methodist Church
233 South Main St. (Rm. 220) – Davidson O

6:00 pm SUNSET AFG
28277 Providence Presbyterian Church
10140 Providence Church Ln. O,S
Bldg. 4/ Back Entrance

8:00 pm QUEEN CITY FRIDAY NIGHT AFG
28211 Providence United Methodist Church
WC 2810 Providence Rd. C,OD,S,B-AA, Alateen

SATURDAY

11:00 am SOLUTIONS FOR SERENITY AFG
28078 Solomon House
200 South Main Street – Huntersville C,OD

NOON AL-A-NOON AFG
28211 Anuvia Prevention Center (Old CDC)
WC 100 Billingsley Rd.
O, OD, S, B, SP 3rd. week, –AA

2:00 pm SATURDAY SERENITY AFG
28277 St. Mathew's Catholic Church
8015 Ballantyne Commons Pkwy
New Life Center, Rm 204
Daily Reader Topic Meeting/
1st Saturday of month Speaker Meeting/ C

6:00 pm SUNSET AFG
28277 Providence Presbyterian Church
10140 Providence Church Ln.
Bldg. 4/ Back Entrance O,OD

ALATEEN

Alateen meetings are closed meetings, limited to Alateens and Alateen Group Sponsors.

MONDAY

8:00 pm K I S S ALATEEN
28207 Providence United Methodist Church
WC 2810 Providence Road (Room 200)

THURSDAY

8:00 pm LET IT BEGIN WITH ME
28278 Zoar United Methodist Church
14701 Thomas Road
C, OD

8:00 pm SHARING FOR TEENS
28277 St. Mathew's Catholic Church/Room 234/235
C,OD

FRIDAY

8:00 pm SERENITY ALATEEN
28211 Providence United Methodist Church
WC 2810 Providence Rd
C, OD

AL-ANON TWELVE STEPS

These can be a way of life for the families of alcoholics:

1. *We admitted we were powerless over alcohol that our lives had become unmanageable.*
2. *Came to believe that a Power greater than ourselves could restore us to sanity.*
3. *Made a decision to turn our will and our lives over to the care of God as we understood Him.*
4. *Made a searching and fearless moral inventory of ourselves.*
5. *Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*
6. *Were entirely ready to have God remove all these defects of character.*
7. *Humbly asked Him to remove our shortcomings.*
8. *Made a list of all persons we had harmed, and became willing to make amends to them all.*
9. *Made direct amends to such people wherever possible, except when to do so would injure them or others.*
10. *Continued to take personal inventory and when we were wrong promptly admitted it.*
11. *Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.*
12. *Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs*

The Serenity Prayer

God grant me the Serenity to accept
The things I cannot change,
The Courage to change the things I can,
And the Wisdom to know the difference.

The Al-Anon Declaration

When anyone, anywhere reaches out for help, let the hand of
Al-Anon and Alateen always be there; and
Let it begin with me.

October, 2011

AL-ANON / ALATEEN

*Hope and help for Families and
Friends of alcoholics*

MEETING DIRECTORY
AL-ANON & ALATEEN GROUPS
DISTRICT 5, CHARLOTTE METRO AREA

*This meeting schedule is not to be used as a mailing list,
any form of solicitation or commercial venture.*

LOCAL AREA INFORMATION

CALL: 704-523-1159 or 1-877-523-1159 anytime
WEB: www.charlottealanon.org
VISIT: District 5 Literature Distribution Center/
Al-Anon/Alateen Information Service Office
4800 Wedgewood Drive, Charlotte, NC 28210
Monday-Friday, 10 am - 2 pm (call before
visiting)
E-MAIL: district5lit@gmail.com

WORLD WIDE INFORMATION

CALL: 800-344-2666 or 757-563-1600
888-425-2666 (8am-6pm ET)
WEB: www.al-anon.alateen.org
www.al-anon.org/members

General Information

Anyone may contact the Al-Anon Office for information about meetings, beginners' meetings, and how Al-Anon/Alateen works. Al-Anon/Alateen books, pamphlets and meeting directories are available at the office, Monday through Friday, 10 am to 2 pm. Call before visiting during these hours to be assured that a member is there to help you. A nominal fee is charged for most literature. When our office lists a group, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. **There is help and hope available in Al-Anon.**

THE PURPOSE OF AL-ANON

- To help families and friends of alcoholics, by:
- ❖ *Offering comfort, hope and friendship*
 - ❖ *Recovering from the effects of the disease of alcoholism*
 - ❖ *Growing spiritually by working the Twelve Steps (adapted from Alcoholics Anonymous)*
 - ❖ *Sharing experiences in coping with the disease of alcoholism*
 - ❖ *Learning how Al-Anon helps in giving understanding and encouragement to the alcoholic*
 - ❖ *Using the principle of Anonymity to feel safe enough to share openly and honestly in meetings, and one-to-one*

Welcome Newcomer,

Space to record your Al-Anon/Alateen

Phone contacts:

Try at least 6 meetings (varying locations if possible) before deciding if Al-Anon/Alateen is for you and.....

Keep Coming Back!