

DID YOU GROW UP WITH A PROBLEM DRINKER?

- Do you constantly seek approval and affirmation?
- Do you fail to recognize your accomplishments?
- Do you fear criticism?
- Do you overextend yourself?
- Have you had problems with your own compulsive behavior?
- Do you have a need for perfection?
- Are you uneasy when your life is going smoothly, continually anticipating problems?
- Do you feel more alive in the midst of a crisis?
- Do you still feel responsible for others, as you did for the problem drinker in your life?
- Do you care for others easily, yet find it difficult to care for yourself?
- Do you isolate yourself from other people?
- Do you respond with fear to authority figures and angry people?

11th Annual AFG Gratitude Dinner

Saturday, October 21, 2017

2:00 pm to 5:00 pm

**Unitarian Universalist Congregation
131 Oakmont Drive
Greenville, NC** 

**Speakers from AA, Al-Anon, Alateen
share their stories about this Family
Disease**

**Taco Salad and Beverages are provided
Raffles and Auction
Great Fellowship**

**2:00 pm-2:30 pm Meet & Greet
3:00 pm Food & Speakers Begin**

Bring a Side or Dessert to Share



AL-ANON IS FOR YOU!

- Do you feel that individuals and society in general are taking advantage of you?
- Do you have trouble with intimate relationships?
- Do you confuse pity with love, as you did with the problem drinker?
- Do you attract and/or seek people who tend to be compulsive and/or abusive?
- Do you cling to relations because you are afraid of being alone?
- Do you often mistrust your own feelings and the feelings expressed by others?
- Do you find it difficult to identify and express your emotions?
- Do you think someone's drinking may have affected you?

1-888-4AL-Anon