

AL-ANON

MONDAY

Charlotte 8:30 am HOPE FOR TODAY AFG 28278 Sandy's House 14701 Thomas Rd and Zoar Rd	O
11:00 am TWELVE STEP STUDY AFG 28203 12 Step Club 709 E Blvd, near corner of Springdale	O, S
NOON FIRST THINGS FIRST AFG 28202 First Presbyterian Church WC 200 West Trade St (corner of Trade & Church, Rm. P209)	O, OD
NOON STONECREST AFG 28277 St. Matthew Catholic Church WC 8015 Ballantyne Commons Pkwy New Life Center, Rm 133	O, AA
6:00 pm SERENITY SEEKERS SC 5415 Hwy 557 Journey Church 29710 Lake Wylie, SC	O
8:00 pm TEGA CAY AFG SC 2955 West Hwy 160 Grace Presbyterian Church Fort Mill, SC	O
8:00 pm MYERS PARK AFG 28207 Myers Park Presbyterian Church WC 2501 Oxford Place lower level B-004	O, OD, AA, S-1 st Mon SP-5 th mon
8:00 pm BASICS AFG 28208 Mulberry Presbyterian Church WC 5600 Tuckaseegee Rd	C, S-1 st Mon, AA
8:00 pm QUEEN CITY MONDAY NIGHT AFG 28211 Providence United Methodist Church WC 2810 Providence Rd/Sharon Amity, Rm 204	O, OD, B, S, AA, Alateen
8:00 pm UNITY AL-ANON AFG 28226 St John's Episcopal Church WC 1623 Carmel Rd	O, B, S-1 st of month, AA
Huntersville	
6:30 pm SERENITY AT THE LAKE AFG 28078 Solomon House 200 S. Main St behind Huntersville Presby Church-Huntersville	O, SP-1 st Mon, S-3 rd Mon, OD
Monroe	
8:00 pm 12 STEPS AWAY AFG 28111 Friendship Home 2111 Stafford Street, use backdoor-Monroe	C, S

TUESDAY

Albemarle	
7:00 pm STANLY UNITY AFG 28001 Annunciation Catholic Church 416 N. Second St. Albemarle Downstairs, Family Life Center	O, S, OD, AA
Charlotte	
6:00 pm LIVING PROMISES AFG 28203 12 Step Club 709 E. Blvd, near corner of Springdale	C, O, OD, B
7:45 pm MEN'S TUESDAY NIGHT AFG ** 28273 Good Shepherd United Methodist Church WC 13110 Moss Rd & Hwy 49, Room 320 WC	C, S-1 st Tues
8:00 pm AL-ANON ADULT CHILDREN OF ALCOHOLICS ** 28211 Trinity Presbyterian Church, 3115 Providence Rd (Bldg b/w playgr & b/ball ct)	C, OD, B, T, S-1 st Tues
Concord	
8:00 pm EPWORTH AFG 28025 Epworth Methodist Church 1030 Burrase Road NF-Concord	C, B, AA

Cornelius	
10:30 am TUESDAY MORNING AL-ANON 28031 Cornelius Presbyterian Church Fellowship 21250 Catawba Ave, Fellowship Hall-Cornelius	C
Fort Mill	
8:00 pm Fort Mill AFG 121 Monroe White St First Baptist Church Fort Mill, SC	O
Mooreville	
6:30 pm FAIRVIEW AFG SOLUTIONS FOR SERENITY 28115 Fairview United Methodist Church 1464 Mecklenburg Hwy, Ballard (white) House-Mooreville	O, OD, S-4 th Tues
Weddington	
8:00 pm INDIAN TRAIL AFG 28104 Spirit of Joy Lutheran Church WC 8600 Potter Rd-Weddington	C, B, AA

WEDNESDAY

Albemarle		
8:00 pm Albemarle AFG 28001 309 South Broome St. Smoking permitted-Albemarle	O	
Charlotte		
9:30 am JUST FOR TODAY AFG 28277 St Matthew Catholic Church WC 8015 Ballantyne Commons Pkwy, New Life Center, Rm 203	C, OD-Adults Only Please	
NOON EASY DOES IT AFG 28203 Dilworth United Methodist Church 605 East Blvd, near Springdale		O, OD
7:15 pm COURAGE TO CHANGE AFG 28210 Sharon Presbyterian Church 5201 Sharon Rd. Enter basement from cemetery parking lot	C, OD	
7:30 pm PARENTS HELPING PARENTS AFG 28203 Pritchard Memorial Baptist Church WC 1117 South Blvd, Williams Bld Pritchard Building 3 rd Floor		O, OD, B
Davidson		
12:30 pm DAVIDSON BOOK STUDY AFG 28036 Davidson United Methodist Church WC 233 S Main Street, Congregational Care House-Davidson Back of parking lot-yellow house behind church bldgs	O	

Harrisburg	
8:pm Harrisburg AFG 28075 Harrisburg United Methodist Church 4560 Highway 49 South-Harrisburg	C, B, AA
Mooreville	
8:00 pm LAKE NORMAN AFG 28117 Williamsons Chapel United Methodist Church 575 Brawley School Rd, Church Bldg A, Enter side of bldg from parking lot Upstairs Rm 204/205-Mooreville	C, OD

THURSDAY

Charlotte	
11:00 BUSCANDO LA SERENIDAD GFA 28217 Executive Charlotte Park 1101 Tyvola Road, Suite 208	SH
11:00 am THURSDAY MORNING AFG 28203 Dilworth United Methodist Church WC 605 East Blvd, near Springdale	O, OD
7:00pm BALLANTYNE LIVE AND LET LIVE 28277 Harrison Methodist Church 15008 Lancaster Parkway Pineville	C
8:00 pm PROGRESS FOR TOMORROW AFG 28278 Good Shepherd UMC 13611 Zoar Rd.	O, AA, Alateen

8:00 pm LAKE WYLIE AFG SC River Hills Community Church 104 Hamilton Ferry Rd. Lake Wylie, SC	O
8:00 pm SHARING AFG 28277 St. Matthew Catholic Church WC 8015 Ballantyne Commons Pkwy, New Life Center, Rm 234/5	O, OD, Alateen
8:00 pm ONE PURPOSE AFG 28226 Christ Lutheran Church 4519 Providence Rd, Forum B	O, S, T
Davidson	
5:45 pm DAVIDSON MEN'S STEP STUDY ** 28036 Davidson United Methodist Church WC 233 S Main Street, Across from Town Hall Rm 220 – <u>This is a Men's Meeting</u> - Davidson	C, S

Albemarle	
7:00pm STANLY UNITY 28001 Annunciation Catholic Church 416 N Second St. Albemarle, Downstairs Family Life Center	
Huntersville	
12:00 pm PATHS TO RECOVERY AFG 28078 Lake Norman Baptist Church WC 7921 Sam Furr Rd N Administration Bldg, Rm 137-Huntersville	O, OD
6:30 pm LISTEN AND LEARN BOOK STUDY 28078 Solomon House 200 S Main St Book: How Al-Anon Works-Huntersville	O
Matthews	
8:00 pm PLEASANT PLAINS AFG 28105 Pleasant Plains Baptist Church 3316 Pleasant Plains Rd, Upstairs corner room-Matthews	C, AA
Weddington	
7:00pm PATHS TO PEACE 28104 Hemby House 7300 Matthews-Weddington Rd. Weddington, NC	O

FRIDAY

Charlotte	
8:30 am HOPE FOR TODAY AFG 28278 Sandy's House 140701 Thomas Rd. and Zoar Rd.	
9:30 am JUST FOR TODAY AFG 28277 St. Matthew Catholic Church -New Life Center WC 8015 Ballantyne Commons Pkwy. New Life Center, Rm 202 Beginners Meeting	C, O Adults Only Please
9:00 am FRIENDS OF LOIS SC The Lake House at Sun City 1353 Del Web Blvd. Indian Land, SC	C
10:30 am KEEP IT SIMPLE AFG 28236 St. John's Episcopal Church WC 1623 Carmel Road (3 rd Floor. Rm 315)	C
NOON ONE DAY AT A TIME 28203 Dilworth United Methodist Church WC 605 East Blvd, near Springdale	C
8:00 pm QUEEN CITY FRIDAY NIGHT AFG 28211 Providence United Methodist Church WC 2810 Providence Rd/Sharon Amity, Rm 103	C, OD, S, B, AA, Alateen
Davidson	
12:30 pm DAVIDSON PROMISES AFG 28036 Davidson United Methodist Church WC 233 South Main St, Congregational Care House Back of parking lot-yellow house behind church bldgs-Davidson	O

SATURDAY

Charlotte
NOON SATURDAY AL-A-NOON AFG
 28211 Anuvia Prevention Center (Old CDC) 2nd Floor
 WC 100 Billingsley Rd and Randolph Rd. O, OD, B, AA Adults only please

2:00 pm SATURDAY SERENITY AFG
 28277 St Matthew Catholic Church New Life Center
 8015 Ballantyne Commons Pkwy
 New Life Center, Rm 205 C, Daily Reader Topic Meeting

5:30 pm SUNSET AFG
 28277 Providence Presbyterian Church
 10140 Providence Church Ln
 Bldg 4, Back Entrance O, OD, AA

Cornelius
6:30 pm SERENITY AT EXIT 28 AFG
 28031 Community in Christ Lutheran Church Fellowship Hall
 7621 Norman Island Dr. Cornelius OD, O AA

Huntersville
11:00 am SOLUTIONS FOR SERENITY AFG
 28078 Solomon House
 200 South Main St
 Behind Huntersville Presbyterian Church-Huntersville C, OD

9:00 am Tega Cay AFG
 SC 2955 West Hwy 160 Grace Presbyterian Church
 Fort Mill, SC O

SUNDAY

Charlotte
8:30 am SOLUTIONS SEEKERS AFG
 28210 Heathshead Condominium Club House
 WC 6140 Heath Ridge Ct. O

9:00 am NEW AWAKENINGS AFG
 28211 Anuvia Prevention Center (Old CDC)
 WC 100 Billingsley Rd 2nd Floor O, AA, SP-last of month

8:00 pm SUNDAY NIGHT DISCUSSION AFG
 28207 Christ Episcopal Church
 WC 1412 Providence Rd, Rm 204/205 O, AA

5:00 pm TEGA CAY SUNDAY EVENING
 SC 2955 West Hwy 160 Grace Presbyterian Church
 Fort Mill, SC O

The Serenity Prayer
 God grant me the Serenity to accept
 the things I cannot change,
 The Courage to change the things I can,
 and the Wisdom to know the difference.

The Al-Anon Declaration
 When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there; and
 Let it begin with me.

Types of Meetings and Symbols

AA AA Meeting at same site at same time
 AASP AA Speaker
 B Beginners Meeting
 C Closed Meeting (Limited to those whose lives have been affected by a problem drinker.)
 O Open Meeting (Open to anyone interested in Al-Anon/Alateen)
 OD Open Discussion Meeting (meeting format)
 S Step Meeting (meeting format)
 SH Spanish Meeting

SP Speaker Meeting (meeting format)
 T Tradition Meeting (meeting format)
 WC Wheelchair Accessible
 ** Meeting open to newcomers and all Al-Anon members

ALATEEN

Alateen meetings are closed meetings, limited to Alateen and Alateen Group Sponsors

MONDAY

Charlotte
8:00 pm K I S S ALATEEN
 28211 Providence United Methodist Church
 WC 2810 Providence Road/Sharon Amity Rd, Rm 200 C, OD

WEDNESDAY

THURSDAY

8:00 pm LET IT BEGIN WITH ME
 28278 Zoar Road Club
 14701 Thomas Rd and Zoar Rd. C, OD
 2 Meetings for Alateens: Ages 6-12, 13 and up

8:00 pm SHARING FOR TEENS
 28277 St. Matthew Catholic Church
 WC 8015 Ballantyne Commons Pkwy,
 New Life Center, Rm 204 C, OD

FRIDAY

8:00 pm SERENITY ALATEEN
 28211 Providence United Methodist Church
 WC 2810 Providence Rd/Sharon Amity Rd, Rm 200 C, OD

AL-ANON TWELVE STEPS

- These can be a way of life for the families of alcoholics:*
1. We admitted we were powerless over alcohol that our lives had become unmanageable.
 2. Came to believe that a Power greater than ourselves could restore us to sanity.
 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
 4. Made a searching and fearless moral inventory of ourselves.
 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
 6. Were entirely ready to have God remove all these defects of character.
 7. Humbly asked Him to remove our shortcomings.
 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
 10. Continued to take personal inventory and when we were wrong promptly admitted it.
 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs

Please check www.charlottealanon.org for meeting updates.



Hope and help for Families and Friends of alcoholics

MEETING DIRECTORY
 AL-ANON & ALATEEN GROUPS
 DISTRICT 5, CHARLOTTE METRO AREA:
 Mecklenburg, Cabarrus, Union, and Stanly County
 And at the Border of North & South Carolina

This meeting schedule is not to be used as a mailing list, for any form of solicitation or commercial venture.

LOCAL AREA INFORMATION

CALL: 704-523-1159 Toll free 1-877-523-1159
WEB: www.charlottealanon.org
www.al-anon-sc.org 864-235-4638

VISIT: District 5 Literature Distribution Center/ Al-Anon/Alateen Information Service Office
2810 Providence Rd, Suite A4, Charlotte, NC 282 Mon-Fri, 9 am-1 pm (please call before visiting)

E-MAIL: district5lit@gmail.com

WORLD WIDE INFORMATION

CALL: 800-344-2666 or 757-563-1600
 888-425-2666 (8am-6pm ET)
WEB: www.al-anon.alateen.org
www.al-anon.org/members

General Information

Anyone may contact the Al-Anon Office for information about meetings, beginners' meetings, and how Al-Anon/Alateen works. Al-Anon/Alateen books, pamphlets and meeting directories are available the office, Monday through Friday, 9 am to 1 pm. Call before visiting; during these hours to be assured that a member is there to help you. A nominal fee is charged for most literature. When our office lists a group, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. **There is I and hope available in Al-Anon.**

THE PURPOSE OF AL-ANON

- To help families and friends of alcoholics, by:*
- ❖ Offering comfort, hope and friendship
 - ❖ Recovering from the effects of the disease of alcoholism
 - ❖ Growing spiritually by working the Twelve Steps (adapted from Alcoholics Anonymous)
 - ❖ Sharing experiences in coping with the disease of alcoholism
 - ❖ Learning how Al-Anon helps in giving understanding and encouragement to the alcoholic
 - ❖ Using the principle of Anonymity to feel safe enough to share openly and honestly in meetings, and one-on-one