

40th Annual District 5 Al-Anon/ Alateen Winter Round Up

Saturday February 10, 2018
St. Matthew Catholic Church,
8015 Ballantyne Commons Parkway, Charlotte, NC 28277

“In All Our Affairs”

- COST:** Registration is \$8.00 at the door (Alateen members \$5.00)
Scholarships available, contact District5DR@gmail.com
- FOOD AT THE EVENT?
DONATIONS NEEDED!!** Beverages are provided by District 5. Please bring LUNCH & dessert/ snack item to share.
WE ARE ASKING ALL AL-ANON GROUPS TO DONATE A BASKET FOR SILENT AUCTION.
Individual Al-Anon members may donate hand-made items such as artwork, baked goods & services for the silent auction.
- RAFFLE:** We will select 3 baskets to raffle off, remaining baskets will be placed with the silent auction.
- OPEN ALATEEN MEETING:** All Al-Anon members interested in learning more about Alateen are welcome (whether to decide to bring their youth to Alateen or to learn how to serve Alateen as AMIAS/ sponsor)

- 8:00-8:45 AM Registration & Fellowship (Please bring breakfast/snack to share)
8:45 AM **Early Bird Raffle**
8:45-9:00 AM Opening with Serenity Prayer, 12 steps, 12 traditions and Welcome

Time	Topic	Room
9:00 – 9:50 AM	Navigating change. How the principles can help	239/240/241
9:00 – 9:50 AM	What does letting go mean to me	202
9:00 – 9:50 AM	Newcomer meeting - learning principles to help right now	206
9:00 – 9:50 AM	Conflict Resolution - Resolving conflict in a principled way	Banquet Room
9:00 – 9:50 AM	When to trust my gut: What feels principled right now?	132/ 125
10:00 – 10:50 AM	The Power of Attitude	239/240/241
10:00 – 10:50 AM	Parenting in a principled way	202
10:00 – 10:50 AM	Practicing these principles in service work	206
10:00 – 10:50 AM	Is it my business, God's business or none of my business (staying inside my hula hoop)	Banquet Room
10:00 – 10:50 AM	Practicing our principles at work and in our community	132/ 125
11:00 – 11:30 AM	Alateen Speakers	Banquet Room
11:30 – 12:30 PM	“Stay and Share” Lunch	11:45 AM Lunch Raffle Banquet Room
12:30 – 1:20 PM	What slogans are in my Al Anon tool belt?	239/240/241
12:30 – 1:20 PM	Mothers and Daughters	202
12:30 – 1:20 PM	Step 12 - In all our affairs	206
12:30 – 1:20 PM	Enabling - is it help or is it control?	Banquet Room
12:30 – 1:20 PM	Sharing our Experience Strength and Hope - how important is it?	234/235
12:30 – 1:20 PM	What does Letting Go mean to me?	132/ 125
1:30 PM	Silent Auction Closes	Banquet Room
1:30 – 2:15 PM	Al-Anon Speaker	Banquet Room
2:15 – 2:45 PM	Closing Raffle Silent Auction Results	Banquet Room
	<i>Alateen (Open Alateen Meeting: 10:00-10:50AM)</i>	208
	<i>Spanish Meetings</i>	209