

Sunday		Monday (cont)		Tuesday (cont)		Wednesday (cont)	
<b>4:00PM</b>	<b>Craddock Adult Child AFG</b> Fairmount United Methodist Church 2501 Clark Ave, Raleigh	<b>3:30PM</b>	<b>Moving Forward Live AFG</b> Pasmore Senior Center 103 Meadowlands Dr, Hillsborough	<b>1:00PM</b>	<b>Tuesday Serenity AFG</b> Birkley Baptist Church 1712 Willow Dr, Chapel Hill	<b>NOON</b>	<b>Lunch Bunch AFG</b> St Thomas More Catholic Church 940 Carmichael St, Chapel Hill
<b>(C, ENG)</b>	<i>Use fire escape to second floor. room w307</i>	<b>(C, B, WC, ENG)</b>	<i>Conference Room - main hallway</i>	<b>(C, WC, ENG)</b>	<i>Lounge. room 17</i>	<b>(O, ENG)</b>	
<b>6:30PM</b>	<b>Burlington AFG</b> First Reformed United Church Of Christ 513 W Front St, Burlington	<b>6:00PM</b>	<b>Experience Strength And Hope AFG</b> Aldersgate United Methodist Church 1320 Urnstead Road, Durham	<b>6:30PM</b>	<b>Language Of Hope AFG</b> Mt Sylvan United Methodist Church 5731 N Roxboro Rd, Durham	<b>NOON</b>	<b>Seekers Of Serenity AFG</b> Wake Forest Alamo Club 932 S Cross St, Youngsville
<b>(C, WC, ENG)</b>	<i>Meet in the parlor on the second floor. step study meeting</i>	<b>(C, WC, ENG)</b>	<b>How Important Is It AFG</b> Franklinton Baptist Church 102 W Mason St, Franklinton	<b>(C, WC, ENG)</b>	<i>Enter south side at overhang, room #16</i>	<b>(O, WC, ENG)</b>	<b>Serenity For Courage To Change AFG</b> Triangle Alamo Club 177 High House Rd, Cary
<b>6:30PM</b>	<b>Esperanza GFA</b> (O, ES) 203 E Moore St, Apex	<b>7:00PM</b>	<b>Pittsboro Serenity Seekers AFG</b> Chatham Community Church 480 Hillsborough Street, Suite 800, Pittsboro	<b>7:00PM</b>	<b>Easy Does It AFG</b> Apex United Methodist Church 100 S Hughes St, Apex	<b>6:30PM</b>	<b>Circle Of Hope AFG</b> North Raleigh United Methodist Church 8501 Honeycutt Rd, Raleigh
<b>7:00PM</b>	<b>Evening Meditation AFG</b> St Francis Of Assisi Catholic Church 11401 Leesville Rd, Raleigh	<b>(O, WC, ENG)</b>	<b>Una Razon Para Vivir GFA</b> Iglesia Santa Ana 4057 Us-70 Bus, Clayton	<b>7:00PM</b>	<b>Courage Strength And Hope AFG</b> Cary Presbyterian Church 614 Griffiths St, Cary	<b>7:00PM</b>	<b>Spring Forest Road AFG</b> Carnel Club 4015 Spring Forest Road, Raleigh
<b>(O, ENG)</b>	<i>No meetings on major holidays. verna center is log cabin next to garden use basement entrance.</i>	<b>7:00PM</b>	<b>Progress Not Perfection AFG Step Study</b> Friends Meeting House 531 Raleigh Rd, Chapel Hill	<b>7:30PM</b>	<b>Alexander Avenue AFG</b> Friends Meeting House 404 Alexander Ave, Durham	<b>(O, WC, ENG)</b>	<b>Uha Razon Para Vivir GFA</b> Iglesia Santa Ana 4057 Us-70 Bus, Clayton
<b>7:00PM</b>	<b>Southern Wake AFG</b> First United Methodist Church 402 N Main St, Fuquay Varina	<b>8:00PM</b>	<b>Lakeside AFG</b> First Presbyterian Church 503 Lakeside Dr, Garner	<b>8:00PM</b>	<b>AFG At Westminster</b> Westminster Presbyterian Church 301 E Whitaker Mill Rd, Raleigh	<b>7:00PM</b>	<b>Hayes Barton AFG</b> White Memorial Presbyterian Church 1704 Oberlin Rd, Raleigh
<b>(C, ENG)</b>	<i>Enter main building from the breezeway</i>	<b>(C, ENG)</b>	<b>Monday Night How It Works AFG</b> Hudson Memorial Presbyterian Church 4921 Six Forks Rd, Raleigh	<b>(O, ENG)</b>	<i>Meeting located in the back of the church, far right side of the building. Downstairs</i>	<b>(O, B, ES)</b>	<b>One Day At A Time AFG</b> Christ The King Lutheran Church 600 Walnut St, Cary
<b>8:00PM</b>	<b>Live And Let Live AFG</b> Zebulon United Methodist Church 121 W Gannon Ave, Zebulon	<b>8:00PM</b>	<b>Monday Night Serenity AFG</b> Greenwood Forest Baptist 110 SE Maynard Rd, Cary	<b>8:00PM</b>	<b>Burlington AFG</b> First Reformed United Church Of Christ 513 W Front St, Burlington	<b>(O, ENG)</b>	<b>United AFG</b> Pilgrim United Church Of Christ 3011 Academy Rd, Durham
<b>(O, ENG)</b>	<b>Step-Study AFG</b> Duke Memorial United Methodist Church	<b>(O, ENG)</b>	<b>New Life Discussion AFG</b> Historic Providence Christian Church 819 N Main St, Graham	<b>8:00PM</b>	<b>Chapel Hill Carrboro AFG</b> Friends Meeting House 531 Raleigh Rd, Chapel Hill	<b>(C, WC, ENG)</b>	<b>Rtp Munch Bunch AFG</b> Lower's Grove Baptist Church 4430 S Alston Ave, Durham
<b>(O, WC, ENG)</b>	<i>504 W. Chapel St., Durham Enter by Memorial Street.</i>	<b>(C, ENG)</b>	<b>Tuesday Morning Early Bird AFG</b> Olin T. Binkley Memorial Baptist Church 1712 Willow Dr, Chapel Hill	<b>10:00AM</b>	<b>We Care AFG</b> Alamance Lutheran Church 4008 Nc 62, Burlington	<b>(C, WC, ENG)</b>	<i>Meets in building behind church, literature study</i>
<b>11:00AM</b>	<b>Munford AFG</b> Unity Of The Triangle 5570 Munford Rd, Raleigh	<b>(C, ENG)</b>	<b>Meets in the lounge</b>	<b>10:30AM</b>	<b>Westminster Butterflies AFG</b> Westminster Presbyterian Church 301 E Whitaker Mill Rd, Raleigh	<b>6:00PM</b>	<b>Serenity At Seven AFG</b> Christ United Methodist Church 101 Market St, Chapel Hill
<b>(O, Ff, WC, ENG)</b>	<i>Room 213. small children welcome. child friendly room right next to the anon meeting room.</i>	<b>NOON</b>	<b>Downtown Durham Lunch Time AFG</b> First Presbyterian Church 305 E Main St, Durham	<b>(C, ENG)</b>	<i>Enter rear of church, meeting downstairs</i>	<b>(C, B, WC, ENG)</b>	<i>Building 101 across the road from the church</i>

**Thursday (cont)**

*Meet in the basement; entrance on the left side of the building*

- 6:30PM Keep It Simple AFG**  
Wake Forest United Methodist Church  
(O, ENG) 905 S Main St, Wake Forest
- 6:30PM Moving Forward Live AFG**  
Passmore Senior Center  
(C, B, WC, ENG) 103 Meadowlands Dr, Hillsborough  
*Conference Room - main hallway*
- 7:00PM Learning To Live AFG**  
Historic Providence Christian Church  
(C, ENG) 819 N Main St, Graham  
*Use doorway under breezeway to enter white building.*
- 7:00PM Roxboro AFG**  
Long Memorial United Methodist Church  
(O, WC, ENG) 226 N Main St, Roxboro  
*Use side door in basement*
- 7:00PM Serenity At Seven AFG**  
Christ United Methodist Church  
(C, WC, ENG) 101 Market St, Chapel Hill  
*Building 101 across the road from the church*
- 7:00PM Stepping Stones AFG**  
Alano Club Of Oxford Inc  
(C, WC, ENG) 211 Broad St, Oxford
- 7:30PM Courage To Change AFG**  
Triangle Alano Club  
(O, WC, ENG) 177 High House Rd, Cary
- 8:00PM 12 And 12 AFG**  
Grace Lutheran Church  
(C, WC, ENG) 5010 Six Forks Rd, Raleigh
- 8:00PM Chapel Hill AFG**  
Olin T. Binkley Memorial Baptist Church  
(C, WC, ENG) 1712 Willow Dr, Chapel Hill
- 8:00PM Hope At AFG**  
Holland's United Methodist Church  
(C, WC, ENG) 9433 Ten Ten Rd, Raleigh  
*Old chapel side of church*
- 10:30AM Focus On Serenity AFG**  
St Phillip Lutheran Church  
(C, WC, ENG) 7304 Falls Of Neuse Rd, Raleigh

**NOON DOWNTOWN DURHAM LUNCH TIME AFG**

- (C, ENG) 305 E Main St, Durham  
*Use back door, enter church parking on liberty st*

**NOON Listen And Learn AFG**

- (O, WC, ENG) 938 Gateway Commons Circle, Wake Forest  
*Meeting is in private room in back of coffee shop*

**NOON TGIF AFG**

- (C, ENG) Church Of The Good Shepherd  
125 Hillsborough St, Raleigh  
*Parish life center; parking circle in front of life center; lot behind church facing morgan st.*

**1:00PM Live And Let Live AFG**

- (O, ENG) Zebulon United Methodist Church  
121 W Gannon Ave, Zebulon

**1:00PM Tuesday Serenity AFG**

- (C, B, WC, ENG) Binkley Baptist Church  
1712 Willow Dr, Chapel Hill  
*Lounge, room 17*

**6:30PM LGBT Triangle Recovery AFG**

- (O, WC, ENG) Eno River Unitarian Universalist Church  
4907 Garrett Rd, Durham  
*Care building rooms 4 & 5*

**7:30PM Blue Heaven Adult Child AFG**

- (C, ENG) Chapel Of The Cross Church  
304 E Franklin St, Chapel Hill

**8:00PM Live And Let Live AFG**

- (O, ENG) Zebulon United Methodist Church  
121 W Gannon Ave, Zebulon

**8:00PM Promises AFG**

- (C, WC, ENG) Garner United Methodist Church  
201 Methodist Dr, Garner  
*Enter at rear of bldg via stairwell #2 and follow signs; Handicap Access far right rear*

**Friday (cont)**

**8:00PM Warrenton AFG**

- (O, ENG) Wesley United Methodist Church  
210 N Main St, Warrenton  
*Use side door*

**Saturday**

**8:30AM Early Bird AFG**

- (O, WC, ENG) Binkley Baptist Church  
1712 Willow Dr, Chapel Hill  
*Enter from playground District 06*

**9:30AM Courage To Change AFG**

- (O, B, WC, ENG) Triangle Alano Club  
177 High House Rd, Cary

**10:00AM Saturday Morning Live AFG**

- (C, B, WC, ENG) Binkley Baptist Church  
1712 Willow Dr, Chapel Hill  
*Educational building*

**10:30AM Free Spirit AFG**

- (C, WC, ENG) Saint George's Anglican Church  
1210 Dixie Trl, Raleigh

**11:00AM Saturday Morning Live AFG**

- (C, WC, ENG) Binkley Baptist Church  
1712 Willow Dr, Chapel Hill  
*Educational building*

**5:00PM Serenity For Today AFG**

- (O, ENG) Durham Alano Club  
400 Crutchfield St Ste A, Durham  
*Secondary parking available at 2684 englewood ave*

**Meeting Format Legend**

B	Beginners	C	Closed
ENG	English	ES	Spanish
F	Fragrance Free	O	Open
WC	Wheelchair		

**AL-ANON / ALATEEN FAMILY GROUPS MEETING SCHEDULE**

DISTRICT 06 meetings are held in the following counties: Alamance, Caswell, Chatham, Durham, Franklin, Granville, Orange, Person, Vance, Wake, and Warren.

**NOVEMBER 2018**

- 24-hour Answering Service Triangle Area (919) 713-1516
- Outside Triangle (English) 1-800-243-4035
- District-Wide (Spanish) 1-800-251-5738

District 6 Al-Anon/Alateen Web Site:

[www.alanonalateen6nc.org](http://www.alanonalateen6nc.org)

Area 42 Al-Anon/Alateen Web Site:

[www.ncbernudaafg.org](http://www.ncbernudaafg.org)

Al-Anon/Alateen World Service Office

1-800-344-2666

[www.al-anon-alateen.org](http://www.al-anon-alateen.org)

Al-Anon/Alateen Service Office

9:00 am - 5:00 pm Monday - Thursday (Closed Friday)

3509 Haworth Drive, Suite 200 Raleigh, NC 27609

919-787-1653

When two or more relatives or friends of alcoholics meet to solve their common problems, they may call themselves an Al-Anon family group, provided that, as a group, they are self-supporting and have no outside affiliation. A directory listing does not endorse any group or its practice of the traditional Al-Anon program. Alateen meetings consist of younger family members assisted by an Al-Anon sponsor.

Meetings Weekly: 69