

AL-ANON

MONDAY

<u>Charlotte</u>		
11:00 am	TWELVE STEP STUDY AFG	
28203	12 Step Club (park in alley off Springdale) 709 East Boulevard, near corner of Springdale	O, S
NOON		
	FIRST THINGS FIRST AFG	
28202	First Presbyterian Church	
WC	200 West Trade St (corner of Trade & Church, Room P209)	O, OD
NOON		
	STONECREST AFG	
28277	St. Matthew Catholic Church – New Life Center – Room 234/235	
WC	8015 Ballantyne Commons Parkway	O, AA
8:00 pm		
	MYERS PARK AFG	
28207	Myers Park Presbyterian Church – Lower level B-004	
WC	2501 Oxford Place	B, O, OD, AA, S-1 st Mon SP-5 th Mon
8:00 pm		
	QUEEN CITY MONDAY NIGHT AFG	
28211	Providence United Methodist Church	
WC	2810 Providence Road - Room A201-202	O, OD, B, S, AA, Alateen
8:00 pm		
	UNITY AL-ANON AFG	
28226	St. John's Episcopal Church	
WC	1623 Carmel Road – Room 315 – Third Floor	O, B, S-1 st of month, AA
8:30 pm		
	HOPE FOR TODAY AFG	
28278	Good Shepherd Church - Zoar Campus - Sandy's House 14729 Thomas Road	O
<u>Huntersville</u>		
	6:30 pm	
	SERENITY AT THE LAKE AFG	
28078	Solomon House 200 South Main Street Behind Huntersville Pres Church	B, O, SP-1 st Mon, S-3 rd Mon, OD
<u>Fort Mill, SC</u>		
	8:00 pm	
	TEGA CAY AFG	
SC	Grace Presbyterian Church 2955 West Hwy 160	O

TUESDAY

<u>Albemarle</u>		
7:00 pm	STANLY UNITY AFG	
28001	Annunciation Catholic Church 416 North Second Street Downstairs - Family Life Center	O, S, OD
8:00 pm		
	SERENITY AT THE PARK	
28001	Rock Creek Park	
WC	110 Rock Creek Park Drive	AA
<u>Charlotte</u>		
	6:00 pm	
	LIVING PROMISES AFG	
28203	12 Step Club (park in alley off Springdale) 709 East Boulevard, near corner of Springdale	O, OD, B
7:15 pm		
	TODAY'S HOPE FOR WOMEN - <u>This is a Women's Meeting</u>	
28211	St. Gabriel Catholic Church – Parish Ministry Center – Room B	
WC	3016 Providence Road	O
7:30 pm		
	MEN'S TUESDAY NIGHT AFG - <u>This is a Men's Meeting</u>	
28273	Good Shepherd United Methodist Church	
WC	13110 Moss Road & Hwy 49 - Room 320	C, S-1 st Tues
8:00 pm		
	AL-ANON ADULT CHILDREN OF ALCOHOLICS	
28211	Trinity Presbyterian Church - bldg. b/w playground & b/ball court 3115 Providence Road	C, OD, B, T, S-1 st Tues
<u>Concord</u>		
	8:00 pm	
	CONCORD AFG	
28025	First Presbyterian Church 75 Church Street South – The Commons	C, B
<u>Cornelius</u>		
	10:30 am	
	TUESDAY MORNING AL-ANON	
28031	Cornelius Presbyterian Church – Wayland Education Center 21209 Catawba Avenue	C

Indian Trail

7:00 pm	LAKE PARK STEPS TO RECOVERY AFG	
28079	Faith United Methodist Church 3708 Faith Church Road White building behind main church	

Mooreville

6:30 pm	FAIRVIEW AFG SOLUTIONS FOR SERENITY	
28115	Fairview United Methodist Church 1464 Mecklenburg Highway - Ballard (white) House	O, OD, S-1 st Tue, T-3 rd Tue

Weddington

8:00 pm	INDIAN TRAIL AFG	
28104	Spirit of Joy Lutheran Church	C, B, AA
WC	8600 Potter Road	

Fort Mill, SC

8:00 pm	FORT MILL AFG	
SC	First Baptist Church - 121 Monroe White Street	O

WEDNESDAY

<u>Albemarle</u>		
8:00 pm	ALBEMARLE AFG	
28001	309 South Broome Street <u>Smoking permitted</u>	O
<u>Charlotte</u>		
	9:30 am	
	JUST FOR TODAY AFG	
28277	St. Matthew Catholic Church – New Life Center – Room 202	C, OD-Adults Only Please
WC	8015 Ballantyne Commons Parkway	
NOON		
	EASY DOES IT AFG	
28203	Dilworth United Methodist Church 605 East Boulevard, near Springdale	O, OD
7:15 pm		
	COURAGE TO CHANGE AFG	
28210	Sharon Presbyterian Church 5201 Sharon Road Enter basement from cemetery parking lot	C, OD
7:30 pm		
	PARENTS HELPING PARENTS AFG	
28203	Pritchard Memorial Baptist Church 1117 South Boulevard Pritchard Building – Room 314 – left side of campus	O, OD, B

Davidson

12:30 pm	DAVIDSON BOOK STUDY AFG	
28036	Davidson United Methodist Church 262 South Street, Congregational Care House Back of parking lot-yellow house behind church buildings	C

Harrisburg

8:00 pm	HARRISBURG AFG	
28075	Harrisburg United Methodist Church 4560 Highway 49 South	C, B, AA

Mooreville

8:00 pm	LAKE NORMAN AFG	
28117	Williamsons Chapel United Methodist Church 575 Brawley School Road - Church Building A Enter side of building from parking lot Upstairs Room 204/205	C, OD

Clover, SC

6:30 pm	ONE DAY AT A TIME AFG	
SC	New River Church	O
WC	136 Carroll Cove Road	

THURSDAY

<u>Charlotte</u>		
11:00	BUSCANDO LA SERENIDAD GFA	
28217	Tyvola Executive Offices 1101 Tyvola Road, Suite 208	SH
11:00 am		
	THURSDAY MORNING AFG	
28203	Dilworth United Methodist Church	O, OD
WC	605 East Blvd, near Springdale	
6:00 pm		
	THURSDAY MEN'S GROUP - <u>This is a Men's Meeting</u>	
28203	12 Step Club (park in alley off Springdale)	
WC	709 East Boulevard, near corner of Springdale	C

8:00 pm	HOPE FOR TODAY	
28278	Good Shepherd Church - Zoar Campus - Sandy's House 14729 Thomas Road	O, AA, Alateen

8:00 pm	SHARING AFG	
28277	St. Matthew Catholic Church – New Life Center – Room 234/5	
WC	8015 Ballantyne Commons Parkway	O, OD, AA, Alateen

8:00 pm	ONE PURPOSE AFG	
28226	Christ Lutheran Church	
WC	4519 Providence Road - Forum B	O, S, T, AA

Davidson

8:00 pm	DAVIDSON MEN'S STEP STUDY – <u>This is a Men's Meeting</u>	
28036	Davidson United Methodist Church 233 South Main Street - across from Town Hall Yellow House behind church	C, S

Huntersville

12:00 pm	PATHS TO RECOVERY AFG	
28078	Lake Norman Baptist Church 7921 Sam Furr Road Welcome Center Building - Room 137	O, OD

6:30 pm LISTEN AND LEARN BOOK STUDY

28078	Solomon House 200 South Main Street Book: How Al-Anon Works	O
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Weddington

7:00 pm	PATHS TO PEACE	
28104	Weddington United Methodist Church - Hemby House 7003 Matthews-Weddington Road	O

Lake Wylie, SC

8:00 pm	LAKE WYLIE AFG	
SC	River Hills Community Church 104 Hamilton's Ferry Road Lake	O

FRIDAY

<u>Charlotte</u>		
9:30 am	JUST FOR TODAY AFG	
28277	St. Matthew Catholic Church -New Life Center – Room 202	
WC	8015 Ballantyne Commons Parkway	O, Adults Only Please
10:30 am		
	KEEP IT SIMPLE AFG	
28236	St. John's Episcopal Church 1623 Carmel Road - Room 208	C
NOON		
	ONE DAY AT A TIME AFG	
28203	Dilworth United Methodist Church 605 East Boulevard, near Springdale	C
8:00 pm		
	QUEEN CITY FRIDAY NIGHT AFG	
28211	Providence United Methodist Church	
WC	2810 Providence Road - Room 107	C, OD, B, AA, Alateen
8:30 pm		
	HOPE FOR TODAY AFG	
28278	Good Shepherd Church – Zoar Campus - Sandy's House 14729 Thomas Road	

Davidson

12:30 pm	DAVIDSON PROMISES AFG	
28036	Davidson United Methodist Church 262 South Street - Congregational Care House Back of parking lot - yellow house behind church bldgs.	O

Indian Land, SC

9:00 am	FRIENDS OF LOIS	
SC	1353 Del Web Boulevard Arts & Craft Room	C

Monroe

7:00 pm	PROSPECT AFG	
28112	Prospect United Methodist Church 6020 Prospect Road – Fellowship Hall	AA

SATURDAY**Albemarle – Starts 01/04/20****10:00 am STANLY UNITY**

28001 Annunciation Catholic Church
416 North Second Street – Downstairs - Family Life Center

Charlotte**NOON SATURDAY AL-A-NOON AFG O, OD, B, AA Adults Only Please**

28211 Anuvia Prevention Center - 2nd floor
100 Billingsley Road and Randolph Road

2:00 pm SATURDAY SERENITY AFG C, Daily Reader Topic Meeting

28277 St. Matthew Catholic Church
8015 Ballantyne Commons Parkway
New Life Center - Room 202

Cornelius**6:30 pm HOPE FOR SERENITY AFG OD, O, AA**

28031 Community in Christ Lutheran Church - Fellowship Hall
WC 7621 Norman Island Drive

Huntersville**11:00 am SOLUTIONS FOR SERENITY AFG C, OD**

28078 Solomon House
200 South Main Street - behind Huntersville Pres. Church

Fort Mill, SC**9:00 am TEGA CAY AFG O**

SC Grace Presbyterian Church
2955 West Highway 160

SUNDAY**Charlotte****9:00 am NEW AWAKENINGS AFG O, AA, SP-last of month**

28211 Anuvia Prevention Center - 2nd floor
WC 100 Billingsley Road and Randolph Road

8:00 pm SUNDAY NIGHT DISCUSSION AFG O, AA

28207 Christ Episcopal Church
WC 1412 Providence Road - Room 204/205

Tega Cav, SC**5:00 pm TEGA CAY SUNDAY EVENING O**

SC 15083 Molokai Drive - The Glennon Center Basement

The Serenity Prayer

God grant me the Serenity to accept
the things I cannot change,
The Courage to change the things I can,
and the Wisdom to know the difference.

The Al-Anon Declaration

When anyone, anywhere reaches out for help, let the hand of
Al-Anon and Alateen always be there; and
Let it begin with me.

Types of Meetings and Symbols

AA	AA Meeting at same site at same time
AASP	AA Speaker
B	Beginners Meeting
C	Closed Meeting (Meeting Attendees: Families and Friends Only)
O	Open Meeting (Meeting Attendees: Families, Friends, and Observers welcome)
OD	Open Discussion Meeting (meeting format)
S	Step Meeting (meeting format)
SH	Spanish Meeting
SP	Speaker Meeting (meeting format)
T	Tradition Meeting (meeting format)
WC	Wheelchair Accessible

ALATEEN

Alateen meetings are closed meetings, limited to Alateens
and Alateen Group Sponsors

THERE ARE AL-ANON MEETINGS IN SAME LOCATION & TIME

MONDAY**Charlotte****8:00 pm K I S S ALATEEN C, OD**

28211 Providence United Methodist Church
WC 2810 Providence Road - Room A200 – Second Floor

Thursday**Charlotte****8:00 pm SHARING FOR TEENS C, OD**

28277 St. Matthew Catholic Church
WC 8015 Ballantyne Commons Parkway
New Life Center - Room 204

8:30 pm LET IT BEGIN WITH ME C, OD

28278 Good Shepherd Church - Zoar Campus
14729 Thomas Road
2 Meetings for Alateen: Ages 6-12, 13 and up

FRIDAY**Charlotte****8:00 pm SERENITY ALATEEN C, OD**

28211 Providence United Methodist Church
WC 2810 Providence Road - Room A100 – First Floor

AL-ANON TWELVE STEPS

These can be a way of life for the families of alcoholics:

- 1. We admitted we were powerless over alcohol that our lives had become unmanageable.*
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.*
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.*
- 4. Made a searching and fearless moral inventory of ourselves.*
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*
- 6. Were entirely ready to have God remove all these defects of character.*
- 7. Humbly asked Him to remove our shortcomings.*
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.*
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.*
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.*
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.*
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs*

Please check www.charlottealanon.org for meeting updates.

AL-ANON / ALATEEN

*Hope and help for Families and
Friends of alcoholics*

MEETING DIRECTORY

AL-ANON & ALATEEN GROUPS
DISTRICT 5, CHARLOTTE METRO AREA:
Mecklenburg, Cabarrus, Union, and Stanly Counties
And at the Border of North & South Carolina

*This meeting schedule is not to be used as a mailing list, for
any form of solicitation or commercial venture.*

LOCAL AREA INFORMATION

CALL: **704-523-1159 Toll free 1-877-523-1159**

WEB: www.charlottealanon.org
www.al-anon-sc.org 864-235-4638

VISIT: Al-Anon/Alateen Information Service Office /
District 5 Literature Distribution Center
2810 Providence Rd, Suite A4, Charlotte, NC 28211
Mon-Fri, 10 am -2 pm (please call before visiting)

E-MAIL: district5lit@gmail.com

WORLD WIDE INFORMATION

CALL: 800-344-2666 or 757-563-1600
888-425-2666 (8am-6pm ET)

WEB: www.al-anon.alateen.org
www.al-anon.org/members

General Information

Anyone may contact the Al-Anon Office for information about meetings, beginners' meetings, and how Al-Anon/Alateen works. Al-Anon/Alateen books, pamphlets and meeting directories are available at the office, Monday through Friday, 9 am to 1 pm. Call before visiting during these hours to be assured that a member is there to help you.

A nominal fee is charged for most literature.

When our office lists a group, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its door open to any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program.

If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon.

THE PURPOSE OF AL-ANON

To help families and friends of alcoholics, by:

- ❖ *Offering comfort, hope and friendship*
- ❖ *Recovering from the effects of the disease of alcoholism*
- ❖ *Growing spiritually by working the Twelve Steps (adapted from Alcoholics Anonymous)*
- ❖ *Sharing experiences in coping with the disease of alcoholism*
- ❖ *Learning how Al-Anon helps in giving understanding and encouragement to the alcoholic*
- ❖ *Using the principle of Anonymity to feel safe enough to share openly and honestly in meetings, and one-on-one*