

## MONDAY

**08:30 AM** **Start off Strong AFG**  
Open  
12 Step Club Bldg.  
810 E. 2<sup>nd</sup> Ave.  
Gastonia, NC 28054  
12startstrongAFG@gmail.com

**08:00 PM** **Belmont AFG**  
Closed  
NHA  
Harry Robinson AA Bldg  
302 Brook Street  
Belmont, NC 28012  
ncbdaafg10448@gmail.com

**12:15 PM** **Monday Lunch Bunch AFG**  
Open  
Calvary Baptist Church  
201 S Main Ave.  
Newton, NC 28658  
ncbdaafg615770@gmail.com

**07:00 PM** **Patience AFG**  
Closed  
NHA  
First United Methodist Church  
264 N. Main Street  
Rutherfordton, NC 28139  
ncbdaafg61720@gmail.com

**12:00 PM** **Shelby No Name AFG**  
Closed  
NHA  
Episcopal Church Of The Redeemer  
502 W. Sumter Street  
Shelby, NC 28150  
ncbdaafg50294@gmail.com

## TUESDAY

**06:00 PM** **Burke Serenity AFG**  
Open  
Queen Street Club  
923 E. Union Street  
Morganton, NC 28655

**08:00 PM** **Dallas Serenity AFG**  
Closed  
Holy Communion Lutheran Church  
Gaston & Church Ave  
Dallas, NC 28034  
ncbdaafg43230@gmail.com

**11:00 AM** **Gastonia Tuesday Morning AFG**  
Closed  
Beginner  
NHA  
Myers Memorial Methodist Church  
301 South New Hope Rd  
Gastonia, NC 28054  
ncbdaafg502738@gmail.com

**7:00 PM** **Foothills AFG**  
Open  
NHA  
St Paul's Episcopal Church  
200 W Cowles St  
Wilkesboro, NC 28644  
ncbdaafg502238@gmail.com

**07:30 PM** **Lake Lure AFG**  
Closed  
Mountains Branch Library  
150 Bills Creek Road  
Lake Lure, NC 28746  
ncbdaafg501291@gmail.com

**08:00 PM** **New Hope AFG**  
Closed  
First Baptist Church  
2650 Union Road  
Gastonia, NC 28054  
ncbdaafg10541@gmail.com

**07:30 PM** **Starting Over AFG**  
Open  
NHA  
Denver Baptist Church  
6917 Forest Hills Dr.  
Denver, NC 28037-6219  
ncbdaafg65549@gmail.com

## TUESDAY

**07:00 PM** **Tuesday Night AFG**  
Open  
Beginner  
Northminster Presbyterian Church  
3730 N. Center Street  
Hickory, NC 28601  
ncbdaafg500305@gmail.com

## WEDNESDAY

**12:00 PM** **Boone AFG**  
Open  
NHA  
Boone United Methodist Church  
471 New Market Blvd.  
Boone, NC 28607-3727  
ncbdaafg64070@gmail.com

**12:00 PM** **Ashe Serenity AFG**  
Open  
NHA  
Holy Trinity Mission House  
248 JW Luke Road  
Glendale Springs, NC 28629  
ncbdaafg64070@gmail.com

**08:00 PM** **Abby Park AFG**  
Closed  
NHA  
Holy Cross Lutheran Church  
2639 East Hwy 150  
Lincolnton, NC 28092  
ncbdaafg42869@gmail.com

**10:00 AM** **Just For Today AFG**  
Open  
Lake Norman Lutheran Church  
1445 North Highway 16  
Denver, NC 28037  
ncbdaafg30601165@gmail.com

**12:00 PM** **New Hope AFG**  
Open  
First Presbyterian Church  
100 Silver Creek Rd  
Morganton, NC 28655  
ncbdaafg66912@gmail.com

**08:00 PM** **Wednesday Night AFG**  
Closed  
NHA  
Calvary Baptist Church  
201 S Main Ave.  
Newton, NC 28658  
ncbdaafg25767@gmail.com

## THURSDAY

**12:00 PM** **Foothills AFG**  
Open  
NHA  
Wilkesboro Baptist Church  
300 W. Main Street  
Wilkesboro, NC 28697-2410  
ncbdaafg502238@gmail.com

**07:00 PM** **Lake James AFG**  
Open  
Beginner  
Linville United Methodist Church  
4446 Hwy 126  
Morganton, NC 28761  
ncbdaafg30573850@gmail.com

## THURSDAY

**07:00 PM** **Newland AFG**  
Open  
Beginner  
Lutheran Episcopal Church Of The Savior  
Hwy 194N  
Newland, NC 28657  
ncbdaafg64334@gmail.com

**07:00 PM** **Thursday Night Teens (TNT) Alateen**  
Closed  
First Presbyterian Church  
102 South Central Avenue  
Belmont, NC 28012  
GastoniaAlateenAFG@gmail.com

**08:00 PM** **Shelby AFG**  
Closed  
NHA  
Shelby Presbyterian Church  
226 E Graham St  
Shelby, NC 28150  
ncbdaafg10665@gmail.com

## FRIDAY

**12:00 PM** **Boone AFG**  
Open  
NHA  
Boone United Methodist Church  
471 New Market Blvd.  
Boone, NC 28607-3727  
ncbdaafg64070@gmail.com

**08:00 PM** **Kings Mountain AFG**  
Closed  
NHA  
First Presbyterian Church  
111 E King Street  
Kings Mountain, NC 28086  
ncbdaafg39742@gmail.com

## SATURDAY

**10:00 AM** **Saturday Women AFG**  
Open  
Beginner  
Banner Elk Methodist Church  
486 College Drive  
Banner Elk, NC 28604  
ncbdaafg30551765@gmail.com

**10:00 AM** **Granite Falls AFG**  
Open  
Philadelphia Lutheran Church  
52 Pinewood Rd.  
Granite Falls, NC 28630

**08:00 PM** **Cherryville AFG**  
Open  
NHA  
First Presbyterian Church  
107 W. Academy St  
Cherryville, NC 28021  
ncbdaafg10498@gmail.com

**11:00 AM** **Saturday Twelve Step Study AFG**  
Closed  
NHA  
New Hope Baptist Church  
2024 Redbud Dr.  
Gastonia, NC 28054  
ncbdaafg30551765@gmail.com



PHONE NUMBERS

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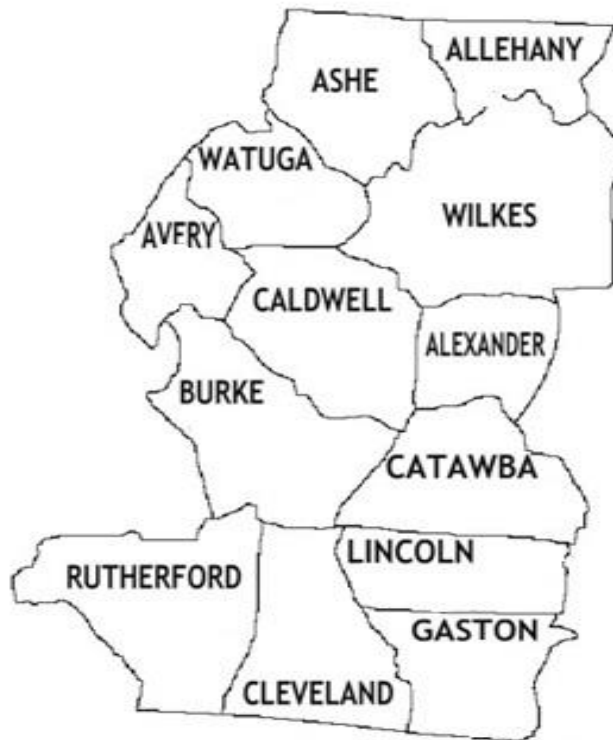


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The meetings are non-smoking and handicap accessible. Meetings that are not handicap accessible are noted with "NHA"

CLOSED meetings are limited to members and prospective members; the ONLY requirement for membership is that there be a problem of alcoholism in a relative or friend.

OPEN meetings are for anyone interested in Al-Anon and/or learning about the family disease of alcoholism.



**ASHE COUNTY**

Ashe Serenity AFG

**AVERY COUNTY**

Newland AFG  
Saturday Women AFG

**BURKE COUNTY**

Burke Serenity AFG  
Lake James AFG  
New Hope AFG

**CALDWELL COUNTY**

Granite Falls AFG

**CATAWBA COUNTY**

Courage to Change AFG  
Monday Lunch Bunch AFG  
Tuesday Night AFG  
Wednesday Night AFG

**CLEVELAND COUNTY**

Kings Mtn. AFG  
No Name AFG (Shelby)  
Shelby AFG

**GASTON COUNTY**

Belmont AFG  
Cherryville AFG  
Dallas Serenity AFG  
Gastonia Tuesday Morning AFG  
New Hope AFG  
Saturday 12 Step AFG  
Tuesday Night Teens tnt Alateen

**LINCOLN COUNTY**

Abby Park AFG  
Just For Today AFG  
Starting Over AFG

**RUTHERFORD COUNTY**

Lake Lure AFG  
Patience AFG

**WATUGA COUNTY**

Boone AFG

**WILKES COUNTY**

Foothills AFG



**AL-ANON / ALATEEN  
FAMILY GROUPS  
MEETING SCHEDULE**

District 3 meetings are held in the following counties: Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, Rutherford, Watauga and Wilkes.

When two or more relatives or friends of alcoholics meet to solve their common problems, they may call themselves an Al-Anon family group, provided that, as a group, they are self-supporting and have no outside affiliation. A directory listing does not endorse any group or its practice of the traditional Al-Anon program. Alateen meetings consist of younger family members assisted by an Al-Anon sponsor.

**The Serenity Prayer**

**God grant me SERENITY to ACCEPT the things I cannot change, COURAGE to change the things I can and, WISDOM to know the difference.**

Area 42 Al-Anon/Alateen Web Site  
[www.ncbermudaafg.org](http://www.ncbermudaafg.org)

Al-Anon/Alateen World Service Office  
1-800-344-2666

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Al-Anon/Alateen Literature Office  
9:00 am - 5:00 pm Monday - Thursday (Closed Friday)  
3509 Haworth Drive, Suite 107  
Raleigh, NC 27609 - 919-787-1653