

# District 5's 46<sup>th</sup> Annual Al-Anon/Alateen Winter Roundup



*Happy, Joyous, and Free*

**Saturday, March 9, 2024**

**8:00 AM - 4:00 PM**

St Matthew Catholic Church  
815 Ballantyne Commons Parkway, Charlotte, NC

- WHAT'S A ROUNDUP:** The Winter Roundup is a day to celebrate the gifts of recovery with Al-Anon members from around the area. The day includes workshops on selected recovery-related topics, speakers, good fun and fellowship.
- COST:** Registration is \$10.00 at the door (Alateens attend for free). **Exact change in bills only, please. Checks, Venmo, and Zelle also accepted.**
- FOOD:** Coffee, tea, and water are provided by District 5. If you'd like, please bring some snacks to share with other participants. For lunch, bring a bag lunch for yourself or sample one of the many restaurants nearby.
- BASKETS RAFFLE/AUCTION:** Some District 5 Groups will donate baskets of items to be raffled or auctioned off. Baskets may contain artwork, baked goods, CAL, gift cards, etc. Please keep items in the spirit of the Al-Anon program.
- AMIAS TRAINING:** Pamela Y., Area 42 Alateen Coordinator, will lead a training session for AMIASes. Please plan to attend this meeting if you want to help our teen members as an AMIAS.
- Zoom Info: Meeting ID: 817 4660 6527, Passcode: 228964,  
<https://us06web.zoom.us/j/81746606527?pwd=0b673upDaTMAKk9ttStPenYvPO8D1X.1>
- GUEST SPEAKER:** District 5's own Aaron Jacks has kindly agreed to be our guest speaker.
- ROUNDUP ON ZOOM:** A separate Winter Roundup is scheduled on Zoom on the same day. See the Winter Roundup on Zoom's flyer on [www.charlottealanon.org](http://www.charlottealanon.org) for details including Zoom information.
- QUESTIONS:** Please contact Kitt M. at [authentikitt@gmail.com](mailto:authentikitt@gmail.com).

**PRELIMINARY SESSION SCHEDULE**

| <b>Time</b>        | <b>Topic</b>                                      | <b>Room</b>  |
|--------------------|---|--------------|
| 8:00 – 8:45 a.m.   | <b>Registration &amp; Fellowship</b>              | Banquet Room |
| 8:45 – 9:00 a.m.   | <b>Welcome</b>                                    | Banquet Room |
| 9:00 – 9:50 a.m.   | Happiness   | TBD          |
| 9:00 – 9:50 a.m.   | Step 11 and 12                                    | TBD          |
| 9:00 – 9:50 a.m.   | Happy, Joyous, and Free Isn't Free                | TBD          |
| 9:00 – 9:50 a.m.   | A Little Time for Myself                          | TBD          |
| 9:00 – 9:50 a.m.   | Forum Writing                                     | 209          |
| 9:00 – 9:50 a.m.   | Alateen Meeting (closed)                          | 208          |
| 9:00 – 10:30 a.m.  | AMIAS Training (Zoom info on the first page)      | 202          |
| 10:00 – 10:50 a.m. | Forgiveness                                       | TBD          |
| 10:00 – 10:50 a.m. | Service Work                                      | TBD          |
| 10:00 – 10:50 a.m. | Sponsorship                                       | TBD          |
| 10:00 – 10:50 a.m. | Meditation  | TBD          |
| 10:00 – 10:50 a.m. | Forum Writing                                     | 209          |
| 10:00 – 10:50 a.m. | Alateen Meeting (closed)                          | 208          |
| 11:00 – 11:30 a.m. | <b>Alateen Speakers</b>                           | Banquet Room |
| 11:30 – 12:45 p.m. | <b>Lunch</b>                                      |              |
| 12:45 – 1:00 p.m.  | <b>Silent Auction Closes</b>                      | Banquet Room |
| 1:00 – 1:50 p.m.   | Steps 1, 2, and 3                                 | TBD          |
| 1:00 – 1:50 p.m.   | Happy, Joyous, and Free Isn't Free                | TBD          |
| 1:00 – 1:50 p.m.   | The Traditions and Concepts at Home               | TBD          |
| 1:00 – 1:50 p.m.   | TBD   | TBD          |
| 1:00 – 1:50 p.m.   | Forum Writing                                     | 209          |
| 1:00 – 1:50 p.m.   | Alateen Meeting (open to all Al-Anon members)     | 208          |
| 2:00 – 2:25 p.m.   | <b>Announce Silent Auction and Raffle Winners</b> | Banquet Room |
| 2:30 – 3:30 p.m.   | <b>Al-Anon Speaker</b>                            | Banquet Room |
| 3:30 – 4:00 p.m.   | <b>Everyone Please Help Clean-up!!</b>            | All Rooms    |