



[www.ncbermudaafg.org](http://www.ncbermudaafg.org)

## District One Meeting Schedule

Updated: February 22, 2026

When two or more relatives or friends of alcoholics meet to solve their common problems, they may call themselves an Al-Anon family group, provided that, as a group, they are self-supporting and have no outside affiliation.

A directory listing does not endorse any group or its practice of the traditional Al-Anon program.

Alateen meetings consist of younger family members assisted by two adult certified Al-Anon Group Sponsors.

### District Representative

[district1dr@ncbermudaafg.org](mailto:district1dr@ncbermudaafg.org)

### District Secretary

[d1.secretary@ncbermudaafg.org](mailto:d1.secretary@ncbermudaafg.org)

**District Treasurer** [d1.treasurer@ncbermudaafg.org](mailto:d1.treasurer@ncbermudaafg.org)

**District Group Records Coordinator**

[d1.group.records@ncbermudaafg.org](mailto:d1.group.records@ncbermudaafg.org)

**District Alateen Coordinator**

[d1.alateen@ncbermudaafg.org](mailto:d1.alateen@ncbermudaafg.org)

**District Public Outreach**

[d1.public.outreach@ncbermudaafg.org](mailto:d1.public.outreach@ncbermudaafg.org)

Al-Anon/Alateen World Service Office

[www.al-anon.org](http://www.al-anon.org)

1-800-344-2666

## Sunday

### 5:00 PM Asheville *Asheville Alateen AFG*

Trinity Episcopal Church, 60 Church St  
Enter back of church red door with Al-Anon sign. Turn right inside the door; go to the Youth Area.  
Age Range 10-19  
[avl.alateen@ncbermudaafg.org](mailto:avl.alateen@ncbermudaafg.org)

### 5:00 PM Asheville *Sunday Serenity AFG (HYBRID)*

Trinity Episcopal Church, 60 Church St  
IN PERSON: Enter back of church red door with Al-Anon sign. Turn right, left of Youth Area.  
ZOOM ID: **873 5390 7378** Passcode: **serenity**  
Families, Friends, and Observers Welcome/Handicap Access  
[avl.sunday.serenity@ncbermudaafg.org](mailto:avl.sunday.serenity@ncbermudaafg.org)

## Monday

### 12:00 PM Asheville *Keeping the Focus AFG*

First Baptist Church, 5 Oak St.  
Park in the lot between Charlotte St. and Oak St. Entrance door faces Charlotte St.  
Families, Friends, and Observers Welcome/Handicap Access  
[keepingthefocusavl@gmail.com](mailto:keepingthefocusavl@gmail.com)

### 1:15 PM Burnsville

#### *Burnsville Monday Afternoon AFG*

First Baptist Church, 51 Town Square  
First Floor, Annex Bldg (across the courtyard from church)  
Families, Friends, and Observers Welcome

### 5:00 PM Tryon *Changed Attitudes AFG (HYBRID)*

White Oak Senior Living, 70 Oak St  
Meets in dining room lounge area  
ZOOM ID: **696 427 3307** Passcode: **887888**  
[joycecox2@gmail.com](mailto:joycecox2@gmail.com)

### 7:00 PM East Flat Rock

#### *Hendersonville Blue Ridge AFG*

Hope United Methodist Church, 2443 Spartanburg Hwy  
Families, Friends, and Observers Welcome/Handicap Access  
[blueridgeafg@gmail.com](mailto:blueridgeafg@gmail.com)

### 7:00 PM Sylva

#### *Sylva AFG*

First United Methodist Church, 77 Jackson St  
Park behind the church. Meeting in conference room on the right  
Families, Friends, and Observers Welcome /Handicap Access  
[ncbdaafg10681@gmail.com](mailto:ncbdaafg10681@gmail.com)

### 7:00 PM Brevard

#### *Transylvania Adult Children Recovery AFG*

Brevard-Davidson River Presb. Church, 249 E Main St. (con't next column)

Group meets in educational building. Families, Friends, and Observers Welcome/Handicap Access [ncbdaafg30585403@gmail.com](mailto:ncbdaafg30585403@gmail.com)

## Tuesday

### 11:00 AM Asheville *Stepping Stones Book Study AFG (Electronic Only)*

Zoom ID: **814 6330 1083** Passcode: **333178**  
One tap mobile +1 929 205 6099 US  
<https://us02web.zoom.us/j/81463301083?pwd=T0xXdTdWNC9rKzNGNWNvbHNhSDZlUT09>  
Families, Friends, and Observers Welcome  
[ncbdaafg30686631@gmail.com](mailto:ncbdaafg30686631@gmail.com)

### 12:00 PM Asheville *Steps to Serenity AFG (Electronic Only)*

Zoom ID: **412 326 5241** Passcode: **NONE**  
<https://us05web.zoom.us/j/4123265241?pwd=xWnu4XdYdVNr3rSaCRcYjVj3sp.1>  
Families, Friends, and Observers Welcome  
[stepstoserenityavl@gmail.com](mailto:stepstoserenityavl@gmail.com)

### 6:30 PM Arden *Arden AFG*

St. Barnabas Catholic Church, 109 Crescent Hill Rd  
Enter on side of church at "Canongate." Meeting is held in Room C5 in the C hallway.  
Fragrance Free Families and Friends Only /Handicap Access  
[ardenfamilyafg@gmail.com](mailto:ardenfamilyafg@gmail.com)

### 6:45 PM Asheville *One Day at a Time AFG (HYBRID)*

First Baptist Church, 5 Oak Street.  
Park near main church entrance, walk to the Charlotte St entr.  
ZOOM ID: **4801578212** Passcode: **NONE**  
Families, Friends, and Observers Welcome /Handicap Access  
[ncbdaafg30514800@gmail.com](mailto:ncbdaafg30514800@gmail.com)

### 7:00 PM Brevard *Brevard AFG*

\*\* (Newcomers' Welcome: 6:30PM) \*\*  
St Phillips Episcopal Church, 256 E Main St. 28712-3724  
Enter downstairs in the back.  
Families and Friends Only  
[brevard@ncbermudaafg.org](mailto:brevard@ncbermudaafg.org)

## Wednesday

### 10:15 AM Waynesville *Serenity Now AFG*

1st United Methodist Church, 566 S. Haywood St  
Meeting in Youth Hall, back of church on Academy St.  
Parking across from the Youth Hall entrance  
Families and Friends Only

### 11:00 AM Hendersonville *Grupo Despertar AFG*

Grace Lutheran Church, 1245 6th Avenue W.  
Families and Friends Only

**11:30 AM Hendersonville**

***Hendersonville Daytime Serenity AFG (HYBRID)***

Grace Lutheran Church, 1245 6th Avenue W  
Zoom ID: **878 2534 5720** Passcode: **334455**  
Families, Friends, and Observers Welcome /Handicap Acc  
***ncbdaafg10570@gmail.com***

**12:00 PM Black Mountain *Black Mountain AFG***

First Christian Church, 201 Blue Ridge Rd.  
Entrance is in rear of the building.  
Families, Friends, and Observers Welcome /Handicap Access  
***blackmountainafg@gmail.com***

**12:00 PM Asheville *Keeping the Focus AFG***

First Baptist Church 5 Oak St.  
Park in the lot between Charlotte St. and Oak St. Entrance  
door faces Charlotte St.  
Families, Friends, and Observers Welcome /Handicap Access  
***keepingthefocusavl@gmail.com***

**5:30 PM Franklin *Franklin Live and Let Live AFG***

All Saints Episcopal Church, 66 Church St  
Park behind the church, meet in St. Agnes Parish  
Families, Friends, and Observers Welcome

**5:45 PM Asheville *Wednesday Women's AFG***

Grace Covenant Presb. Church, 789 Merrimon Ave.  
Meets in the choir room on the second floor.  
Families, Friends, and Observers Welcome  
***WednesdayWomenAVL@gmail.com***

**7:15 PM Asheville *Hope for Beginners AFG***

Grace Covenant Presb. Church, 789 Merrimon Ave.  
Meeting in educational building upstairs  
Families, Friends, and Observers Welcome  
***ashevillehopeforbeginners@gmail.com***

**Thursday**

**12:00 PM Highlands *Highlands AFG (HYBRID)***

Episcopal Church of the Incarnation, 520 Main Street  
Enter at first floor Main Street entrance.  
Zoom ID: **5982 714 381** Passcode: **NONE**  
Families, Friends, and Observers Welcome /Handicap Access  
***highlandsaafg@gmail.com***

**6:30 PM Waynesville *Experience Strength and Hope AFG***

Grace Church in the Mountains, 394 N. Haywood St  
Park and enter back of church off Miller Street by Food  
Pantry. Meeting is being held in Community Room.  
Beginners, Families, Friends, and Observers Welcome

**7:00 PM Asheville**

***Parents Of Children with Alcoholism AFG***

Zoom ID: **872 3009 8660** Passcode: **NONE**  
Families, Friends, and Observers Welcome  
***ncbdaafg30536640@gmail.com***

**7:00 PM Asheville *Just Recovery AFG***

Land of the Sky United Church of Christ  
15 Overbrook Place  
LGBTQIA+, Families, Friends, and Observers Welcome

**7:00 PM Columbus *Thursday Night Came to Believe AFG (HYBRID)***

Steps to Hope, 60 Ward St.  
Zoom ID: **696 427 3307** Passcode: **887888**  
Families, Friends, and Observers Welcome  
***karenknits@charter.net***

**Friday**

**12:00 PM Brevard *Brevard Serenity AFG***

Brevard-Davidson River Presb. Church, 249 E Main St  
Group meets in the back of the Education Building. Families,  
Friends, and Observers Welcome  
***ncbdaafg65818@gmail.com***

**12:00 PM Asheville *Steps to Serenity AFG (Electronic Only)***

Zoom ID: **412 326 5241** Passcode: **NONE**  
***https://us05web.zoom.us/j/4123265241?pwd=xWnu4XvdmYDVNrs3rSaCRcjYJvj3sp.1***  
Families, Friends, and Observers Welcome  
***stepstoserenityavl@gmail.com***

**7:00 PM Burnsville *Burnsville Friday Nite AFG***

First Baptist Church of Burnsville, 51 Town Square  
Look for signs at the entrances.  
Families, Friends, and Observers Welcome

**Saturday**

**10:00 AM Asheville *Grace Fireside AFG***

Grace Episcopal Church, 871 Merrimon Ave.  
Meet downstairs. Parking lot in back. Elevator Access  
Families, Friends, and Observers Welcome /Handicap Access  
***ncbdaafg503749@gmail.com***

**10:00 AM East Flat Rock *One Day at a Time AFG***

Hope United Methodist Church, 2443 Spartanburg Hwy  
Families and Friends Only/Handicap Access  
***ncbdaafg47686@gmail.com***

**10:00 AM Asheville *Saturday Serenity AFG***

Grace Covenant Presb. Church, 789 Merrimon Ave.  
Enter corner doors adj. to parking lot. Greeter (9:45-10:10AM)  
Elevator, Families, Friends, and Observers Welcome  
Handicap Access & Fragrance Free  
***ncbdaafg62077@gmail.com***

**10:00 AM Murphy *Saturday Eye Openers AFG***

First United Methodist Church 73 Valley River Ave  
Parking back of church. Meeting in Fellowship Hall  
(basement of Education Center)  
Families, Friends, and Observers Welcome ***seoafg@yahoo.com***

**10:15 AM *Easy Does It AFG (Electronic Only)***

Zoom ID: **872 1487 9684**  
Passcode: ***Please email easydoesit54@aol.com for passcode***  
Families and Friends Only

**12:00 PM Weaverville *Courage to Change AFG***

First Baptist Church, 63 N Main St.  
4<sup>th</sup> floor, Room #308  
Families and Friends Only / Fragrance Free  
***ncbdaafg30588303@gmail.com***

**NOTES/NAMES/NUMBERS**

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***Al-Anon Declaration***

*Let it Begin with Me  
When Anyone, Anywhere  
Reaches out for Help,  
Let the Hand of Al-Anon and Alateen Always be there,  
And Let it Begin with Me*